



Nick Troubetzkoy's  
**JADE MOUNTAIN**  
Saint Lucia

*Our Services and Facilities in a nutshell. Please study your in room information guide or visit with Guest Services in the Jade Mountain reception or our reception team for more information. Also, we invite you to our guest welcome meetings held daily at 10 am in the Jade Mountain Club.*

## **FOR YOUR ENJOYMENT DURING YOUR STAY WE OFFER ON COMPLIMENTARY BASIS**

### **At JADE MOUNTAIN**

- \* Yoga at Jade Mountain – meet on Celestial Terrace - 7 – 8 a.m.
- \* Fitness Centre located at lower level of Jade Mountain and accessible from the west end
- \* In-room WiFi and at Jade Mountain reception with Wi-Fi internet connection
- \* Daily live entertainment at Jade Mountain Club

### **At ANSE CHASTANET** *(you are welcome to partake in all activities)*

- \* Anse Chastanet beach with beach chairs and beach towels
- \* Complimentary use of non-motorized water sports including snorkel gear, windsurfers, sit on top kayaks, Sunfish sailing
- \* Complimentary use of tennis court and equipment
- \* Complimentary tennis clinic Monday and Wednesday from 9.00 – 9.30 a.m.
- \* Resort shuttle boat, Jungle Express to our second beach at Anse Mamin daily for Jungle Beach Bar & Grill, beach activities, jogging and hiking
- \* Select Guided Walks and Hikes on our 600 acre estate with Meno – learn about history and botany
- \* Yoga daily 8.30 a.m. – 9.30 a.m. and 5.00 – 6.00 p.m. in the beach yoga gazebo, please sign up with guest services
- \* Creole History Class in the Beach Bar Friday 11.30 a.m.
- \* Daily Live Entertainment every evening
- \* Underwater Slideshow at the Scuba center, Tuesday 5.00 p.m.
- \* Fish and Turtle ID complimentary talks on Monday, Wednesday and Friday at 4pm at the Scuba Hut
- \* Chocolate Sensory Tasting at Emerald Restaurant, Tuesday from 10.00 – 10.30 a.m.
- \* Complimentary open air Art Classes every Tuesday (Art Gallery) and Wednesday (Anse Mamin) from 3.30 p.m. – 5.30 p.m. (6 persons max); please sign up with your major domo or with guest services
- \* 15 min free wellness consultation with our wellness practitioner, Chamu. Sign up at guest services or at spa reception for wellness
- \* Saint Lucian Rum Mixology Class every Sunday at the Beach bar from 4.30 – 5.30 p.m.
- \* Anse Mamin Plantation Walk with Meno, Monday - Saturday from 1.45 p.m. Meet at the Scuba center.

## **OUR RESTAURANT SCHEDULE**

### **At JADE MOUNTAIN**

- \* Sanctuary Service at any time
- \* JADE MOUNTAIN CLUB for breakfast, lunch or dinner

### **At ANSE CHASTANET**

- \* Full Breakfast in our Treehouse Restaurant from 7.00 – 10.00 a.m.
- \* Lunch in the Trou au Diable Beach Restaurant
- \* Lunch on Anse Mamin beach at the Jungle Grill from 12 noon – 3.00 p.m. & Jungle Bar from 10.00 a.m. – 4.00 p.m.
- \* Afternoon Tea in the Beach Bar 3.30 – 5.30 p.m.
- \* Beach Bar open daily 8.00 a.m. – 11.00 p.m., Piton Bar open daily 8.00 a.m. until midnight
- \* Dining in our Treehouses celebrating Tropical World Cuisine 6.30 p.m. – 9.30 p.m. daily (except Tuesdays)
- \* Dining in our Trou au Diable Restaurant celebrating Apsara, St Lucia–East India fusion cuisine daily; A beach grill menu is also available. (except Tuesdays)
- \* Tropical evening with Caribbean Jump-up Buffet and Steel pan band on Tuesday evening in our Trou au Diable beach restaurant
- \* Emerald's All Vegan Menu served in the Piti Piton lounge at dinner time daily, except Tuesdays (all resort menus feature vegetarian and/or vegan options)
- \* Our Executive Chef's Monday Gourmet Dinner & Wine Pairing served at 7.00 p.m. in the Treehouse, reservations necessary
- \* Coco Doux coconut bar at beach bar on Sundays from 11.00 a.m. – 3.00 p.m.
- \* Lionfish Dinner: "Eat Them to Beat Them" at Anse Mamin Beach on Fridays. Meet at the Beach Bar at 6.00pm. Reservations are necessary

## **SERVICES AND FACILITIES**

### **At JADE MOUNTAIN**

- \* Kai en Ciel Spa located on lower Jade Mountain level accessible from west end of the building
- \* Fitness Centre below Kai en Ciel Spa
- \* Shades of Jade Boutique below the Jade Mountain reception

### **At ANSE CHASTANET**

- \* Spa Kai Belté located at the south end of ANSE CHASTANET BEACH
- \* Bike St Lucia: Cannondale Mountain Biking Rental with miles of Hiking and Biking Trails at ANSE MAMIN
- \* Scuba St Lucia: PADI 5-Star Dive Resort Scuba Centre for Scuba Diving, Courses, Equipment, Scuba Retail Shop
- \* Kayak St Lucia: Specialty Prion Kayak Instruction and trips for fast moving coastal adventures
- \* Shopping in 2 Beachside Boutiques located within the beach restaurant and Art Gallery located above the Kai Belte Spa